



Co-op Academy

Failsworth

Easter 2024

Newsletter

We wish you a lovely Easter

Dear Parents/Carers

Many thanks for your continued support to what has been a very positive but slightly shorter second term of the year. I do hope you all enjoy the Easter break and time with friends and family.

Over Easter we have a full range of revision sessions on offer for our Year 11 students as they approach their final build up to the May examinations. We also know from previous years that those who engage fully in these opportunities and work hard over the Easter holiday find they are really pleased with their final outcomes on results day. I would really like to wish Year 11 well in their final preparations.

While I have focused on Year 11 and their exams above, I do hope you can see in this newsletter that we offer much more. The wider opportunities we offer, along with our strong curriculum and pastoral care do make a difference for Year 7-10 students before they build up to their final examination year.

Best Wishes

Phill Quirk



Phill Quirk
Headteacher



End of term arrangements

Last day of term is:

Thursday 28th March 2024

School will close at normal time.

We re-open for all students on:

Monday 15th April 2024

With Thanks...

We would like to dedicate our Easter 2024 front cover to our
Year 9 students....

Amy R, Lottie T, Jorgie T, George A, Sam Y, Lucie C,
Erin G, Sam T, Charlie R, Tilly G and Daniella I

"Our talented Year 9 students have been deeply engaged in an exciting art project focusing on Fauvism. Throughout this endeavour, they've shown remarkable dedication, working diligently to produce 'eye-catching' paintings. Using bright acrylic paints, they've brought vibrant colors to life on large canvases, adding a splash of creativity to our school environment. Their efforts not only highlight their artistic abilities but also reflect their commitment to exploring different art styles and techniques."

Miss Lake - (Art Teacher)

Academy Holidays and Term Times

2024/2025

Last day of term	Thursday 28 March 2024
Easter holiday	Friday 29 March to Friday 12 April 2024
School returns	Monday 15 April 2024
May Day	Monday 6 May 2024
Last day of term	Friday 24 May 2024
Summer Half Term holiday	Monday 27 May to Friday 31 May 2024
School returns	Monday 3 June 2024
Summer closes	Last day is Tuesday 23 July 2024
Staff Training	Monday 2 September 2024
School Returns	Tuesday 3 September 2024
Last day of term	Wednesday 23 October 2024
Staff Training	Thursday 24 October & Friday 25 October 2024
Autumn Half Term Holiday	Monday 28 October to Friday 1 November 2024
School returns	Monday 4 November 2024
Staff Training	Friday 6 December 2024
Last day of term	Friday 20 December 2024
Christmas holiday	Monday 23 December 2024 to Friday 3 January 2025
School returns	Monday 6 January 2025
Staff Training	Friday 31 January 2025
Last day of term	Thursday 13 February 2025
Spring Half Term holiday	Friday 14 February to Friday 21 February 2025
School returns	Monday 24 February 2025
Last day of Term	Friday 4 April 2025
Easter holiday	Monday 7 April to Monday 21 April 2025
School returns	Tuesday 22 April 2025
May Day	Monday 5 May 2025
Last day of Term	Friday 23 May 2025
Summer Half Term holiday	Monday 26 May to Friday 30 May 2025
School returns	Monday 2 June 2025
Summer closes	Friday 18 July 2025

The Academy is closed for students on Staff Training days

What's been going on this term...

Young Musician

of the Year Competition



A wonderful night was had at The Yard Theatre in Cheetham Hill back in February which saw four of our academy's students, Aria Pourmousa, Sophie Johnson, Amy Bent and Thomas Ward perform in the Co-op Trust's 'Young Musician of the Year' competition. Thirty students were selected to perform to a packed audience from the whole of the schools in the Co-op Trust. It goes without saying that our pupils did themselves proud with an unbelievably high standard of musicianship from all. Amazingly, all four students have now qualified for the final as well which will be held at Home Theatre in Manchester at 7pm on Friday 19th April. Tickets are available to watch the final on request to Mr Sheppard (Head of Expressive Arts.)

Please email nicholas.sheppard@coopacademies.co.uk to request tickets.

We wish our students well in the Grand Final!

Mr Sheppard – (Head of Expressive Arts)

KS3 Trip to Jamie's Farm

A trip to Jamie's Farm in the Hereford Hills offers KS3 students a unique and enriching experience. Nestled amidst the picturesque landscape of the Herefordshire countryside, the farm provides a serene backdrop for learning and personal growth.

Upon arrival, students are greeted by rolling hills, lush green pastures, and quaint farm buildings. The beauty of the surroundings immediately captivates their attention, offering a welcome escape from the hustle and bustle of urban life.



Students were able to actively participate in various tasks such as tending to animals, planting vegetables, hill walks, cooking and maintaining the farm infrastructure. Through these activities, students develop practical skills, gain a deeper understanding of agriculture, and foster a sense of responsibility towards the environment and living creatures.



Beyond the physical labour, the farm experience encourages teamwork, communication, and resilience among the students. They collaborate with peers to accomplish tasks, overcome challenges, and adapt to the rhythm of farm life over 5 days. In this supportive environment, students also have opportunities for self-reflection and personal growth.



Overall, the school trip to Jamie's Farm in the Hereford Hills provides KS3 students with a transformative experience and our students still buzz about the trip everyday. "What do you reckon Spot the sheep is doing now, Sir?" "I reckon I wanna go next year, as well, Miss"



Technology Projects

Year 9 – Design classes designed and made their own clocks inspired by the Memphis design movement.



Year 10 – food groups got to grips with their portioning knife skills, portioning a whole chicken and using it to make a Thai curry and sticky chicken.





Technology Projects cont...



Year 11 – GCSE Food pupils sat their practical exam in March. They were outstanding and should be extremely proud of themselves - we are so proud of them!



Hub – The students from The Hub have been enjoying spending time making products in Design and Technology this year. Their skills have improved considerably over that time and have made products as diverse as phone holders, to Christmas decorations as well as tool boxes (made from reclaimed timber) and ornaments.



Year 10 Creative Design

3D Printing Masterclass trip



Students started the day with a short careers talk and then a tour of the MMU Print City building. They then learnt how to use specialist 3D design software, and designed a drinks flask, made a 3D model of the champions league trophy and then finished with a design competition where they had to showcase the skills learnt.

Our Year10's came away with lots of new knowledge and skills, and it opened their eyes to higher education opportunities available to them!

Miss Brogan - (Technology teacher)

Creative i-Media

Year 10 and Year 11

Well done to our Year 10 pupils for completing their first unit of coursework. They produced excellent work, which is worth 25% of their final grade.



Congratulations to our Year 11 pupils who achieved fantastic results on their January GCSE exams.



Mrs Markland - (I.C.T & i-Media teacher)

Science Events



Year 8 – STEM fair

'Students were given 6 weeks to create a STEM fair project based on the Science week theme of 'Time'. We had some brilliant entries who presented exceptionally, the winners received prizes such as; science kits, lab coats and mini digital microscopes as well as free tickets to the new exhibition at the Science and Industry museum, we look forward to more projects next year.'



Year 9 – National Space Academy

The National Space Academy came in to deliver a workshop on Asteroids for some of our year 9 students, this was an exciting workshop where students studied the impact of asteroids on our lives and looked into the work that astrophysicists do.



Year 10 triple science students

Our students took part in a bridge engineering workshop with AECOMM, this gave them an insight into the work of engineers and the factors that need to be considered when building large structures.



Miss Jones - (Head of Science)

English Events



On Friday 15th March, Co-op Academy Failsworth attended the Public Speaking Competition at 1 Angel Square. Frieda Bardsley (Year 8) , Lilly-Anne Heathcote and Amelia Dudson (Year 9) were chosen to represent the academy at the event, with them delivering a 3 minute speech on a topic of their choice.



Frieda did a speech on girl guiding and how it has inspired her, Lilly gave a speech on the concept of time and how we can use it more effectively and Amelia did a speech on the morals of Canada Goose and the fur trade.

The academy was represented by not only the three students but the Failsworth choir, who provided amazing entertainment at half time. They were led by Maddison Peacock, a former student who is now a singing teacher.



Overall the day was a huge success with Failsworth winning the best team performance, delivering the strongest group of speeches out of all the Co-op academies!

Mr Atkinson - (English teacher)

Languages

Trip to Andalucía, Spain

We recently took 45 students from Year 8 – Year 10 on a trip to Andalucía, Spain in the February half term!

The students were amazing and enjoyed cultural day trips to Sevilla, Granada and Malaga as well as having some relaxing time shopping, going to the beach and chilling by the pool. Everyone's behaviour was exemplary and Miss Ramirez and I are so proud of how well they conducted themselves!



Dance



Our dance club pupils have had the opportunity to take part in not one, but two dance events in March. They attended the Greater Manchester Dance Festival in Wigan where they watched professional dance companies perform, they then took part in dance workshops and performed to a huge audience. The following week dancers competed in the 'Gotta Dance' competition against

other local schools where they placed 2nd! Isabelle Booth also placed 2nd in the freestyle solo which had over 50 competitors!



Miss Harris - (P.E teacher)





Student

Careers Corner

It has been an exciting new year for our students here at Co-op Academy Failsforth in their quest to explore their future careers options.

Events

We understand that many of our students are a bit shy to ask questions to unfamiliar faces, however this is an essential skill for life. By the time they reach Year 11, they will need the confidence to not only approach employers, but to ask them the 'right' questions. Our aim was to help the students engage with people who have years of work experience and those who might have switched careers many times. At our World of Work careers fair, we invited over 15 different employers and further education providers to establish a setting resembling much bigger job fairs! We are overjoyed with the results; not only did they open up and ask questions, some even asked for further guidance! We plan to build on this success to create a bigger and better World of Work day each year.



Year 8

To spark the interests of our younger students, we started off with a workshop for the whole of Year 8 called 'Electrifying', focusing on Electrical Engineering by BAE Systems and the Royal Air Force to help them understand what future careers are available to them. Students are now aware we need more efficient 'Pedal Power' and people with different skills to help create a greener future for our planet.

Year 9 & 10

All of our students should aim to reach for the best life has to offer, but not all need to choose the same pathway. Students from Year 9 & 10 have had talks around apprenticeships. The first one was by Everfi and Boohoo. They spoke about employability skills and being 'work ready'. Some students know they want to start work as soon as they leave school. With an apprenticeship they can gain a qualification while getting paid. They also gain experience of the workplace and if they are reliable and hardworking most students will land a permanent job. They also have the option to continue on to a higher level apprenticeship which is an alternative to going to university. The benefit of this is the employer pays for your degree which could save you up to £30,000 in student fees. With this in mind we also invited into school a local GP to talk to our students about his career journey.

The road beyond Co-op Academy Failsforth can be quite tricky to navigate for young people, it can feel overwhelming. To give our students an insight into further and higher education, they attended Oldham Sixth Form College as part of the Varsity programme and The University of Manchester as part of the Gateways programme. At OSFC the students got a taster of what A-Level classes entail and at The University of Manchester we took a stroll amongst campuses, 'high-tech' classrooms and even took a peek at their amazing Student Union! We took part in a competition to see who could take the most fun and imaginative photograph while exploring the campus. We won this competition which highlights the enthusiasm of our students for this programme.

Attendance Matters

We would like to remind parents that, if possible, medical appointments should be made outside of school hours as this will impact on your child's attendance percentage. If your child does have an appointment during school time, it is expected that they will attend school around the appointment and not take a day or afternoon off.

If your child is poorly and not fit to attend school, please ring the school pupil absence line from 8:00am on the day of absence where our attendance team will take further details from you.

****YEAR 7, 8 & 9 students should arrive by 8:10am each day to ensure they are at their registration room in time to get their morning mark for 8:15am.**

****YEAR 10 & 11 students are to arrive by 8:30am each day. This is to ensure all students are at their registration room in time to get their morning mark for 8.35am when the second bell rings.**

On behalf of the attendance team, I would like to wish students, parents and carers a lovely Easter break and look forward to welcoming the students back on Monday 15th April 2024.



School Uniform Exchange



Need school uniform?
Old uniform too small and want to reduce waste?
Why not try the school uniform exchange?

What we need?

- Co-op Academy Failsworth Blazers
- Co-op Academy Failsworth Jumpers
- Co-op Academy Failsworth PE Kit
- Co-op Academy Failsworth Ties
- School Skirts
- School Trousers
- New Socks
- New Tights
- School Bags



What is it?

The uniform exchange is where parents can take donated uniform and reuse that instead of buying it new. This reduces waste as well as supporting our less fortunate families by giving our students an equal opportunity to their peers to have access to our uniform.

All donations are washed and cleaned by our team at the Academy.

Failsworth Community Fridge

About:

The community fridge is a facility for families to access non-perishable food, sanitary and hygiene products free of charge. All of these products are donations from the Academy, staff, students and the local community and businesses.

'A simple solution to wasting less through the sharing of good quality food.'

Where and when?

Failsworth Sports Campus,
Brierley Avenue, Failsworth,
Manchester, M35 9HA

Opening Hours:
Monday - Friday
2pm - 5pm
(during term time)



Any questions, contact us on 0161 688 3909 or email communityfridge@coopfailsworth.co.uk





Since the start
of the year
we have provided

48,000
breakfasts

to our students

Well done

to our breakfast
club team!

So far this year,

YOUR



donations
have helped



596

families

Thank You!

Take5 @ TOG Mind



Take5 continues to offer the following services—each require an initial assessment to determine appropriateness and need.

- **Assessment appointments**—every Thursday (booked appointments only)
- **Early Intervention Service**—Low level 1:1 guided self-help. One session a week for 5 weeks, 20-30 minute appointments.
- **Counselling**—1:1 talking therapy, consisting of 8-10 sessions lasting 50 minutes.
- **Anger/Anxiety Group Course**—Solution-focussed and peer support. Once a week for 4 weeks, 1hr group session. Split into junior/senior groups for age-appropriate material/peer support.
- **Digital Friendship Skills**—Information-based session aiming to improve the quality of online relationships, manage friendships and learn about digital wellbeing. Peer support and solution-focussed support. Once a week for 4 weeks, 1hr group session.

Take5 offers these online sessions for CYP without needing for an initial assessment:

- **Arts for wellbeing**—Weekly session aimed at promoting arts and creativity for wellbeing, relaxation and self-expression. Schedule updated via social media @youth_in_mind_
- **Mindfulness**—Session designed to provide a space for building skills at self-regulation, grounding and mindfulness. Offered once a month.

To arrange a drop in appointment or register interest in attending an online session.

Email: take5@togmind.org

Phone: 0161 330 9223

For updates and daily wellbeing strategies:

Instagram @youth_in_mind_

Facebook: "Youth In Mind"



Families in Mind

A mental health and wellbeing service for families.

What is Families in Mind?

Families are diverse, unique, and special. At times, challenges do arise that make things difficult in the family; conflict and struggles happen. Families in Mind is a service that can support your family through this, helping you navigate these moderate conflicts and/or experiences.

Is this the right service for your family?

Our aim is to empower families. With our support your family can:

- Set family goals and work together
- Identify and understand the varied roles and responsibilities of family members
- Explore the strengths of your family
- Identify areas that can contribute to conflict and explore ways to reduce this
- Learn productive ways to communicate
- Explore and share difficult emotions in a safe, non-judgemental place

How? Next Steps

How? Families in Mind will prioritise the well-being of your family. We carefully match your family's needs with the most suitable practitioners, ensuring that you receive personalised support, specifically tailored to your situation. Working with every member of the family we will plan a range of activities that help you understand your difficulties and achieve your goals. We aim to make these as inclusive, interactive, and enjoyable as possible.

Next Steps If you feel this service will benefit your family, then please register your interest by **scanning the QR code to the right**, or simply email familiesinmind@togmind.org and request a referral form. Once you have registered, a practitioner will be in contact to invite you all to an initial session. The purpose of the first meeting is to find out a little bit more about what is and has been happening in your family and to explore if this service is right for you. Then if your family wishes to access our service (Family Solutions) we can get you booked in.

We understand that on occasion a family may not wish to start Family Solutions - in these circumstances we will provide information about other support services in the local area.



Families in Mind

 **mind**
Tameside,
Oldham
and Glossop

A mental
health and
wellbeing
service for
families

We can support your family with:

Conflict

Connection

Boundaries

Communication

Family Roles

Where

Various locations across
Tameside, Oldham, and Glossop.

Next Steps

Here's how to get in touch:

- Call: 0161 330 9223
- Email: familiesinmind@togmind.org

Tameside, Oldham & Glossop Mind

We are a trusted service designed to help families
navigate moderate conflict / challenges.

Working together to support all members
of the family



 : togmind.org/youth-mind

Registered Charity Number: 1123549

Registered Company Number: 03510432



Parent and Carers



SilverCloud's online parent and carer programmes are tailored for parents /carers of children and teens aged 8-18 years old. The programmes are evidence based and built around Cognitive Behavioural Therapy (CBT), psychoeducation and positive psychology.

Programmes available on SilverCloud:

- Supporting An Anxious Child
- Supporting An Anxious Teen



These self help programmes will support you in understanding your child's anxiety and give you tools to help your child manage their feelings and worries.

If you would like to sign up to SilverCloud parent/carers programmes or have any further questions, please speak to your practitioner or contact the office on 0161 3309223.





Families in Mind

What is Families in Mind?

— our service for low level family support for families who are experiencing some challenges/difficulties they would like to work through together.

Who is the service for? - this might be the right service for your family if you would like to:

- Explore and share difficult emotions in a safe place
- Learn productive ways to communicate
- Explore the great strengths of your family
- Identify the different roles of your family members
- Identify issues that can contribute to conflicts
- Find solutions together as a family

What does it involve? - our practitioners will work with your family through a range of interactive activities that help you to understand your difficulties and achieve goals as a family.

How do we access? - you will have a family assessment where we will find out a bit more about your family situation to see if this service is right for you. If not, we will provide information on other local services that may be able to support you.

To book an assessment:

Call: 0161 330 9223

Email: familiesinmind@togmind.org



 @YiMind

 0161 330 9223

 office@togmind.org

 www.togmind.org

216-218 Katherine Street

Ashton-under-Lyne

Lancashire

OL6 7AS

Youth
in mind

 **mind**
Tameside,
Oldham
and Glossop

Tameside, Oldham and Glossop Mind. Registered Charity (No. 1123549)

Registered Company Limited by Guarantee (No. 6340472)

Take 5 Drop in



Attending a Take5 drop in is the first step in accessing the support we offer.

A drop in is a short appointment (45 mins) where we explore how you're currently feeling and the situations you're going through. You will be asked questions like...

How are you feeling right now?

How long have you been feeling like this?

What do you normally do to cope?

After this, we'll be able to help you pick which of our support options might be best suited to you and what you need right now.

Drop ins are open to all young people aged 8-18 in Oldham

(living at an Oldham postcode, registered with an Oldham GP or attending an Oldham school)

When: Every Thursday 3PM-7:15PM

Where: 19-25 Union St, Oldham OL1 1HA

Contact us on **0161 330 9223** or email us on **take5@togmind.org**

Keep up to date with everything we're doing via our social media



"Youth In Mind"



@youth_in_mind_

Tameside, Oldham & Glossop Mind
19-25 Union Street
Oldham
OL1 1HA

Tameside, Oldham and Glossop Mind. Registered Charity (No. 1123549)
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Positive Affirmations

Over the years, we tend to get into unhelpful thinking habits, and think negatively about ourselves and situations. Using positive statements can help us develop a new attitude to ourselves and our situations.



Choose a statement from those below, or make one that means more to you, and repeat, repeat, repeat throughout the day, every day, of every week, of every month. You might want to make or print out a card with your affirmation, and carry it with you. For the positive affirmations to work, you must use it whenever you notice you have that negative thought – immediately turn it around by using your affirmation.

Use a statement that starts with "I" and use the present tense. See the examples below – choose one, adapt one, or make up your own. Make it something broadly realistic, even if you don't believe it right now.



- ❖ I am strong
- ❖ I have strength
- ❖ I am determined and successful
- ❖ I am a good and worthwhile person
- ❖ I am a unique and special person
- ❖ I have inner strength and resources
- ❖ I am confident and competent
- ❖ I hold my head up high
- ❖ I look good because I am good
- ❖ People like me – I am a likeable person and I like myself
- ❖ I care about others, I am needed and worthwhile
- ❖ I am a loving person
- ❖ I have a lot to be proud of
- ❖ I have all that I need
- ❖ I am in control of my life
- ❖ I can achieve anything I want to achieve
- ❖ I make wise decisions based on what I know
- ❖ I'm moving towards my goals
- ❖ I accept myself as a unique and worthwhile person
- ❖ My life has meaning and purpose
- ❖ I am in control of my choices



- ❖ I am strong and healthy
- ❖ I am calm and confident
- ❖ I have many options and can make wise decisions
- ❖ Everything is getting better every day
- ❖ I am calm and relaxed
- ❖ I am healthy and have all that I need
- ❖ Today is the first day of the rest of my life and I will take notice of the many positive things this day has to offer
- ❖ I live a healthy and positive lifestyle
- ❖ I know I can master anything if I practice it continually
- ❖ I have my wise mind – I can seek inner guidance whenever I need to
- ❖ My life purpose can be whatever I choose it to be
- ❖ All is well, right here, right now



Available support in the Community...

For Children, young people and families over the Easter



Kooth.com (online support) www.kooth.com



Families in Mind - 0161 3309223 Oldham email: familiesinmind@togmind.org



MIND - Early Intervention/workshops/Counselling
0161 330 9223 Oldham/Tameside/Glossop MIND



M-thrive Mthrive@mft.nhs.uk - Emotional health/Wellbeing
01612035333 - they do drop in sessions Monday - Wednesday 14.30 - 17.30 and Tuesday - Friday 12noon. Covers North Manchester



Samaritans. www.samaritans.org This website is aimed at providing 1:1 support via phone, email or messaging - Phone 116 123



SHOUT is a FREE confidential 24/7 text messaging service for anyone who is struggling to cope. Speak to a trained volunteer about how you are feeling. Text 'SHOUT' to 85258 to start the conversation.



TAKE5@togmind.org – Arts and mindfulness online support. You will need to attend a Take 5 drop in session before you can access this art therapy.



42nd street - Offers individual therapeutic support - www.42ndStreet.org.uk. Email: TheTeam@42ndsStreet.org.uk. 0161228 7321. 42nd street accept referrals for all children and young people who live, attend schools, or who are registered to a GP in Tameside, Trafford, Glossop, Salford and all of Manchester.

Bereavement Services

For Children, young people and families over the Spring season.



Child Bereavement UK

Callie Harrop 07827332824 callie.harrop@childbereavementuk.org

Sarah Smith 07587076047 sarah.smith@childbereavementuk.org



Cruse Bereavement Care

Call [0808 808 1677](tel:08088081677) Monday and Friday, 9.30am to 5pm; Tuesday, Wednesday and Thursday 9.30am to 8pm; Saturday and Sunday 10am to 2pm



Grief Encounter

Call [0808 802 0111](tel:08088020111) Monday to Friday, 9am to 9pm, or email contact@griefencounter.org.uk



Hope Again

Call [0808 808 1677](tel:08088081677) Monday to Friday, 9.30am to 5pm, or email hopeagain@cruse.org.uk



Winston's Wish

Call [0808 802 0021](tel:08088020021) Monday to Friday, 8am to 8pm, or email ask@winstonswish.org



Co-op Academy Failsworth

Get in touch

www.failsworth.coopacademies.co.uk

0161 688 3900 | info@coopfailsworth.co.uk

