

Headteacher: **Mr P. Quirk**

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Co-op Academy  
Failsworth

Dear parent/carer,

### Year 11 GCSE Exams

Firstly, I would like to congratulate Year 11 on their application towards their studies over the last few months and there is a positive feeling that Year 11 are now well placed to succeed in their summer examinations. May I also thank you as parents and carers for your ongoing support over the last 5 years in terms of supporting your child's education with us.

The first exam for our Year 11s will take place on Tuesday 6th May 2025, giving students 2 full weeks of teaching after the Easter holidays until the exam season officially starts. We will be running a series of workshops throughout the holidays - these will be communicated to you directly by the staff hosting the sessions. For anyone attending, they must enter and leave the building via main reception only.

The exam period is extremely busy, and will no doubt bring some stress, worry and anxiety however it is important to remember that stress isn't always a bad thing and can in fact be a positive motivator and give students the 'get up and go' that they need to succeed. What is important though is that students learn to manage stress and have good healthy exam habits over the exam period to ensure they can achieve the best they can.

Listed below are some proven ideas that students can use to ensure they develop good habits:

- Know your exam timetable and what exams you have each day - blue tack it to the fridge
- Getting a full night's sleep and getting up in plenty of time to avoid any rushing
- Eating regular balanced meals
- Taking regular breaks
- Taking time for yourself and relaxing
- Exercising
- Revising well and over time reduces exam stress
- Being resilient – Even if an exam didn't go as well as hoped for, it doesn't mean this will be the same for the next one. Turn your focus to your next exam and don't worry about previous exams.

Can I remind all students that these exams are public examinations and cannot be rescheduled or sat on a different day and students must attend any exams on this day without fail. Attendance is compulsory for all students during the exam period.

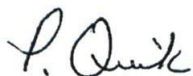
Please ensure that when your child has a morning exam, they arrive in school in plentiful time to ensure that they are relaxed as much as possible and not worrying about being at the last minute for their exams. Pupils will wait in Cafe Mojo where Heads of Department will be around on the morning or afternoon of exams to provide last minute revision tips and support, to alleviate any pre exam nerves.

### Year 11 Prom

The date of the Prom is Wednesday 2nd July 2025. It will be held at Hotel Football with a 6.30pm arrival time. We are currently finalising who is eligible to attend based on prom points. The list of those who are able to attend will be communicated to parents and pupils after the May half term break. The price of the tickets will be £38. Just a reminder that even after eligibility criteria and invites have been sent we will reserve the right to withdraw an invite if conduct leading up to the prom warrants this.

I would like to take the opportunity to wish all of our students the very best for the exam season, and thank parents/carers for their ongoing support.

Yours sincerely,



Phill Quirk

Headteacher