



Co-op Academy  
Failsworth

# Easter 2025 Newsletter

# We wish you a lovely Easter

Dear Parents/Carers

Many thanks for your continued support to what has been a very strong second term of the year. I would like to take this chance to wish everyone an enjoyable Easter break and I hope you get time with family and friends.

Over Easter we have a full range of revision session on offer for our Year 11 students as they approach their final build up to the May examinations. We also know from previous years that those who engage fully in these opportunities and work hard on general revision over the Easter holidays find they are really pleased with their final outcomes on results day. I would really like to wish Year 11 well in their final preparations before their exams start in May.

I hope you can see in this newsletter the wider opportunities we offer, along with our strong curriculum and pastoral care that does make a difference for all students before they build up to their final examination year.

Best Wishes

Phill Quirk



Phill Quirk  
Headteacher



## End of term arrangements

Last day of term is:

**Friday 4th April 2025**

School will close at normal time.

We re-open for all students on:

**Tuesday 22nd April 2025**

## With Thanks...

We would like to dedicate our Easter 2025 front cover to our

**Year 8 students**

'Our wonderful Year 8 students have been working hard this term to develop work on the theme of 'Metallics'. Students were able to use their photography skills to design their own composition using metallic bows and studio lighting. They have used white pencils on black paper to create strong, dramatic tones to achieve these very successful, lustrous bow images. Well done!'

# Holiday and term times

## 2025/2026

|                                 |                                                         |
|---------------------------------|---------------------------------------------------------|
| <i>Staff Training</i>           | <i>Monday 1 September 2025</i>                          |
| <b>Autumn Term begins</b>       | <b>Tuesday 2 September 2025</b>                         |
| <b>Last day of term</b>         | <b>Friday 17 October 2025</b>                           |
| <b>Autumn Half Term holiday</b> | <b>Monday 20 October to Friday 31 October 2025</b>      |
| <b>School returns</b>           | <b>Monday 3 November 2025</b>                           |
| <i>Staff Training</i>           | <i>Monday 10 November 2025</i>                          |
| <b>Last day of term</b>         | <b>Friday 19 December 2025</b>                          |
| <b>Christmas holiday</b>        | <b>Monday 22 December 2025 to Friday 2 January 2026</b> |
| <b>School returns</b>           | <b>Monday 5 January 2026</b>                            |
| <i>Staff Training</i>           | <i>Friday 23 January 2026</i>                           |
| <b>Last day of term*</b>        | <b>Wed 11 February 2026</b>                             |
| <b>Spring Half Term holiday</b> | <b>Thursday 12 February to Friday 20 February 2026</b>  |
| <b>School returns</b>           | <b>Monday 23 February 2026</b>                          |
| <b>Last day of term</b>         | <b>Friday 27 March 2026</b>                             |
| <b>Easter holiday</b>           | <b>Monday 30 March to Friday 10 April 2026</b>          |
| <b>School returns</b>           | <b>Monday 13 April 2026</b>                             |
| <b>May Day</b>                  | <b>Monday 4 May 2026</b>                                |
| <b>Last day of term</b>         | <b>Friday 22 May 2026</b>                               |
| <b>Summer Half Term holiday</b> | <b>Monday 25 May to Friday 29 May 2026</b>              |
| <b>School returns</b>           | <b>Monday 1 June 2026</b>                               |
| <b>Summer closes</b>            | <b>Friday 17 July 2026</b>                              |
| <i>Staff Training</i>           | <i>Monday 20 July 2026</i>                              |

*The Academy is closed to pupils on Staff Training days*

## **Staff Training Days:**

**Monday 1 September 2025**  
**Thursday 23 and 24 October 2025 (these are within the October half term)**  
**Monday 10 November 2025**  
**Friday 23 January 2026**



## Technology

### KS3 Culinary Competition

This was the first annual culinary competition that took place in all Co-op schools across the country. Students had mystery ingredients that were revealed on the day, and had an hour to plan, cook and present their dish (think ready steady cook!) Our winning team will go on to compete against all other winners from across the country in a grand final at Angel Square in June!



It was an incredible opportunity for students to be creative with their cooking and work under pressure. Staff and students loved every second of it and it was an absolute joy to see our students thrive.

All the students did amazingly and should be extremely proud of themselves (we're certainly proud of them). Our top teams were:

**Honourable Mention - Ronson Unuane & Tyrone Mlambo**

**3rd Place - Tofunmi Awolaja & Samanta Cepcova**

**2nd Place - Sonny Livesey & Isabella Heavens**

**Winners - Lucy Knight & Gamu Madzura**



# KS3 Trip to Jamie's Farm 2025



A group of our students took part in a memorable residential trip to Jamie's Farm, located in the scenic Golden Valley, near the Black Mountains and the Brecon Beacons. The trip offered them a fantastic opportunity to experience farm life, enjoy the outdoors, and take on new challenges.

The farm, overlooking a lovely courtyard and traditional stone barns, provided a welcoming space for the group. Each day was filled with activities that encouraged the children to try new things and work together. They got involved in farm tasks such as lambing sheep, mucking out the pigs, and bedding the cows. The farm's manger also allowed them to take part in therapeutic work with horses, which was a valuable and enjoyable experience.

The children had the chance to be creative, carving locally sourced wood into spoons and other weird and wonderful shapes. Walks through the countryside gave them time to explore and appreciate the natural surroundings. They also worked together to prepare meals for the group, helping to develop teamwork and practical skills. One of the best aspects of the trip was seeing the children grow in confidence and form new friendships. Their enthusiasm and willingness to take part in all aspects of farm life were great to see. By the end of the trip, they had gained a deeper understanding of nature, farming, and the importance of working as a team.

Jamie's Farm provided a rewarding and enriching experience, and it was a pleasure to see the students engage so positively with everything on offer. We look forward to more opportunities like this in the future!



# Expressive Arts

## Year 10 Future Sounds Project



This term, the Year 10 GCSE Music pupils have had an exciting opportunity to work with professional musicians from the Abram Wilson Foundation as part of the Future Sounds Project.

Over the course of three days, the pupils have learnt about all aspects of song writing, including composing and performing their own piece of music, 'Love is a Four Letter Word'. The pupils have also learnt about the many career opportunities within the world of music and have been inspired to continue their own musical journeys.





# Technology Projects

## The Hub - Year 9 Design Tech

The pupils have enjoyed participating in a range of skills so far this year - from making tactile wooden objects, wooden bookends to fruit salads, shortbreads and scones. The students are excited to get started on bricklaying in their dedicated area once the weather gets a bit warmer!



Mr Merrill - (Technology teacher)

## Duke of Edinburgh Award

The new cohort of Duke of Edinburgh students is up and running. We have record numbers of pupils participating this year with over 40 students getting involved. We have already been on an introductory walk to Hartshead Pike and practised putting up tents last week, which was challenging, but fun, in the high winds! The students and staff are excited about their upcoming 2 day walk and camp.



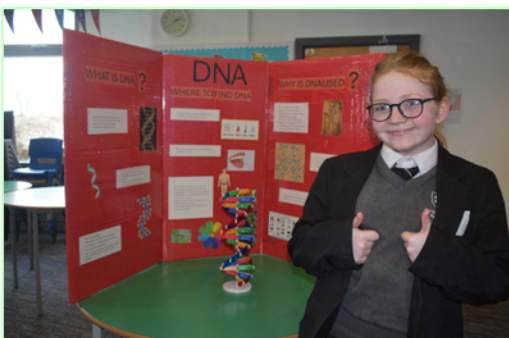


# Science Event

## STEM Fair 2025



Students were given 6 weeks to complete an experiment or conduct a research project into a topic of their choice and we were blown away by their hard work. We had projects looking at UV radiation, light, dark matter, DNA and even chemistry cocktails. Parents, students and staff all loved questioning students on their projects and students spoke like scientists and really did themselves and the Academy proud.



We also had a workshop delivered by the UK space agency where students got to create rockets, learn about space as a vacuum and then try on a real astronaut's helmet and look at a real space suit.



Miss Jones - (Head of Science)



Co-op Academy  
Failsworth



## **Dame Christine Lenehan praises inclusive education at the academy**

Co-op Academy Failsworth proudly welcomed Dame Christine Lenehan, former Director of the British Council for Disabled Children, for a special visit on Wednesday 26 February.

As a key government advisor on Special Educational Needs and Disabilities (SEND), Dame Christine's visit to the academy provided a valuable opportunity to highlight the academy's dedication to supporting all students in achieving their full potential.

During her time at the academy, Dame Christine spent time with the Year 7 Nurture group, who were engrossed in creative writing inspired by Dracula. Impressed by their enthusiasm, she praised their creativity and engagement.

She also met with students from the Stepping Stones programme, who shared their journeys in improving attendance. Passionately recounting the support they had received, they left a strong impression on Dame Christine who encouraged their progress.

In addition, she spent time with students who access the Gold Corridor at lunchtime, discussing the well-being support available to them alongside their academic learning. Once again, her attentive approach allowed students to share their experiences openly.

"It was a real pleasure to visit the Co-op Academy Failsworth and meet both staff and students," said Dame Christine.

"It was clear that this is a school that takes inclusion seriously and provides a safe, positive stimulating environment for pupils to learn."

Headteacher Phill Quirk added: "It was a privilege to welcome Dame Christine to our academy. She listened to our students with understanding and care, and we were fortunate to discuss our approach to supporting students with special educational needs, as well as the future of inclusive education."





# Student Careers Corner

## Careers top activities this term.

### The Apprentice MEGA DAY - Artificial Intelligence centred fun activities for Year 8 and 9 students

Artificial intelligence is the new hot topic for many employers, as investments in the tech industry with investments being in their billions of pounds. Oldham College has created a programme that enables students to understand better how to use new AI technologies available to them such as Midjourney and Builder.ai, and provides them with the necessary tools to be ready and adapted to the workplace environment of the future.



### National Careers Week - 03/03 - 07/03

It is essential for our students to always be aware of the career pathways available to them once they leave our academy, such as apprenticeships, A-Levels, T-Levels, vocational courses and employment. To help them remember what each pathway entails, we have created a fun competition for the students during this important week. Winners brought home with them an Easter egg of their choice!

### Year 10 JD:UP!

The most anticipated trip of the year! JD UP: Round 2 Wrapped was the talk of the town for over 165 of our Year 10 students!, with the special appearance of "Angry Ginge" (Social media influencer) and London based dance collective 'Sturdy Off'. This is an event that has hosted more than 6,000 young people in 2 days! The JD initiative aims to "Inspire and educate" the next generation about the career options in the world of work as they had set up a 'small scale' Jd retail store in the Manchester Convention Centre, ready to get students stuck into games and a whole range of activities that help them develop a deeper understanding of what it takes to enter the world of work.





# Student Careers Corner



...more careers top activities...

## National Apprenticeship Week - 10/02 - 13/02

As apprenticeships have become increasingly popular with our students, we have invited guests from Oldham College, Co-op Central and MPCT (Military Preparation College for Training) to present to students all the available pathways and benefits of starting an apprenticeship! What is an apprenticeship you ask? It is a real job that combines practical, on the job training with structured learning, allowing individuals to earn a wage while gaining skills and a qualification in a specific field.



## Time 4 Change - launch - ongoing (Finals: 2nd July)

Eight Students from Year 7 have been chosen to be the representatives of our academy in a community focused project that will help bring a positive change to our academy's environment! Their project is underway and it's the most adorable thing ever! However, it is a top secret mission at this moment as we are in competition with all our Manchester based academies and we don't want them to spy on us! So keep your eyes peeled for further updates!



# Attendance Matters

We would like to remind parents that, if possible, medical appointments should be made outside of school hours as this will impact on your child's attendance percentage. If your child does have an appointment during school time, it is expected that they will attend school around the appointment and not take a day or afternoon off.

If your child is poorly and not fit to attend school, please ring the school absence line before 8:30am on the day of absence and our attendance team will take further details from you. This line is manned from 8:00am but, if there is no answer, please leave a message on our 24-hour voicemail service and this will be retrieved as soon as possible. Please note we must hear from parents/carers **every day** of a student's absence by phone for safeguarding reasons.

YEAR 7, 8 and 9 students should arrive by 8:10am each day to ensure they are at their registration room in time to get their morning mark for 8:15am.

YEAR 10 and 11 students are expected to arrive by 8:30am each day. This is to ensure all students are at their lesson in time to get their morning mark for 8.35am when the second bell rings.

If students arrive after 09:05am, they will lose their morning mark and get a U (Late) code. This will affect their attendance percentage and could result in Fixed Penalty Notices from the Local Authority.

Please also be aware that any student that has three or more days of absence (whether authorised or not) will receive a home visit conducted by the Attendance Team. These are courtesy Safe and Well visits and are conducted as part of our Attendance Policy

On behalf of the Attendance Team, I would like to wish students, parents and carers a wonderful Easter break and we look forward to students back on Tuesday 22<sup>nd</sup> April 2025.

## Contact Us

Please send any attendance queries, holiday requests and/or medical evidence to our email address: [attendance@coopfailsworth.co.uk](mailto:attendance@coopfailsworth.co.uk). To report an absence, please call the absence line on 0161 688 3900 (Option 1).



# School Uniform Exchange



Need school uniform?  
Old uniform too small and want to reduce waste?  
Why not try the school uniform exchange?

## What we need?

Co-op Academy Failsworth Blazers  
Co-op Academy Failsworth Jumpers  
Co-op Academy Failsworth PE Kit  
Co-op Academy Failsworth Ties  
School Skirts  
School Trousers  
New Socks  
New Tights  
School Bags



All donations are  
washed and cleaned  
by our team at the  
Academy.

## What is it?

The uniform exchange is where parents can take donated uniform and reuse that instead of buying it new. This reduces waste as well as supporting our less fortunate families by giving our students an equal opportunity to their peers to have access to our uniform.

Co-op Academy Failsworth



Academies Trust

# Community Fridge

We're open

Mon - Fri

2pm - 5pm

During Term Time

Failsworth Sports Campus,  
Brierley Avenue, Failsworth,  
M35 9HA

[failsworth.coopacademies.co.uk](http://failsworth.coopacademies.co.uk)





Since the start  
of the year  
we have provided

**43,000**  
**breakfasts**

**Well done**  
to our breakfast  
club team!

So far this year,



**YOUR**

donations

have helped



**696**

**families**

**Thank You!**



# Families in Mind

**A mental health and wellbeing service for families.**

## What is Families in Mind?

Families are diverse, unique, and special. At times, challenges do arise that make things difficult in the family; conflict and struggles happen. Families in Mind is a service that can support your family through this, helping you navigate these moderate conflicts and/or experiences.

## Is this the right service for your family?

**Our aim is to empower families. With our support your family can:**

- Set family goals and work together
- Identify and understand the varied roles and responsibilities of family members
- Explore the strengths of your family
- Identify areas that can contribute to conflict and explore ways to reduce this
- Learn productive ways to communicate
- Explore and share difficult emotions in a safe, non-judgemental place

## How? Next Steps

**How?** Families in Mind will prioritise the well-being of your family. We carefully match your family's needs with the most suitable practitioners, ensuring that you receive personalised support, specifically tailored to your situation. Working with every member of the family we will plan a range of activities that help you understand your difficulties and achieve your goals. We aim to make these as inclusive, interactive, and enjoyable as possible.

**Next Steps** If you feel this service will benefit your family, then please register your interest by **scanning the QR code to the right**, or simply email [familiesinmind@togmind.org](mailto:familiesinmind@togmind.org) and request a referral form. Once you have registered, a practitioner will be in contact to invite you all to an initial session. The purpose of the first meeting is to find out a little bit more about what is and has been happening in your family and to explore if this service is right for you. Then if your family wishes to access our service (Family Solutions) we can get you booked in.

We understand that on occasion a family may not wish to start Family Solutions - in these circumstances we will provide information about other support services in the local area.





# Families in Mind

## What is Families in Mind?

— our service for low level family support for families who are experiencing some challenges/difficulties they would like to work through together.

**Who is the service for?** - this might be the right service for your family if you would like to:

- Explore and share difficult emotions in a safe place
- Learn productive ways to communicate
- Explore the great strengths of your family
- Identify the different roles of your family members
- Identify issues that can contribute to conflicts
- Find solutions together as a family

**What does it involve?** - our practitioners will work with your family through a range of interactive activities that help you to understand your difficulties and achieve goals as a family.

**How do we access?** - you will have a family assessment where we will find out a bit more about your family situation to see if this service is right for you. If not, we will provide information on other local services that may be able to support you.

## To book an assessment:

**Call:** 0161 330 9223

**Email:** [familiesinmind@togmind.org](mailto:familiesinmind@togmind.org)



 @YiMind

 0161 330 9223

 [office@togmind.org](mailto:office@togmind.org)

 [www.togmind.org](http://www.togmind.org)

216-218 Katherine Street

Ashton-under-Lyne

Lancashire

OL6 7AS

**Youth**  
in mind

 **mind**  
Tameside,  
Oldham  
and Glossop

Tameside, Oldham and Glossop Mind. Registered Charity (No. 1123549)

Registered Company Limited by Guarantee (No. 6340472)



**Families  
in Mind**

**Togmind**  
Tameside,  
Oldham  
and Glossop

A mental  
health and  
wellbeing  
service for  
families

We can support your family with:

**Conflict**   **Connection**   **Boundaries**

**Communication**   **Family Roles**

**Where** Various locations across Tameside, Oldham, and Glossop.

**Next Steps** Here's how to get in touch:  
- Call: 0161 330 9223  
- Email: [familiesinmind@togmind.org](mailto:familiesinmind@togmind.org)

**Tameside, Oldham & Glossop Mind**

- We are a trusted service designed to help families navigate moderate conflict / challenges.
- Working together to support all members of the family



[togmind.org/youth-mind](https://togmind.org/youth-mind)

Registered Charity Number: 1123549   Registered Company Number: 6340472



## Parent and Carers



SilverCloud's online parent and carer programmes are tailored for parents /carers of children and teens aged 8-18 years old. The programmes are evidence based and built around Cognitive Behavioural Therapy (CBT), psychoeducation and positive psychology.

### Programmes available on SilverCloud:

- Supporting An Anxious Child
- Supporting An Anxious Teen



These self help programmes will support you in understanding your child's anxiety and give you tools to help your child manage their feelings and worries.

If you would like to sign up to SilverCloud parent/carers programmes or have any further questions, please speak to your practitioner or contact the office on 0161 3309223.



## Take 5 Drop in



Attending a Take5 drop in is the first step in accessing the support we offer.

A drop in is a short appointment (45 mins) where we explore how you're currently feeling and the situations you're going through. You will be asked questions like...

How are you feeling right now?

How long have you been feeling like this?

What do you normally do to cope?

After this, we'll be able to help you pick which of our support options might be best suited to you and what you need right now.

**Drop ins are open to all young people aged 8-18 in Oldham**

(living at an Oldham postcode, registered with an Oldham GP or attending an Oldham school)

**When:** Every Thursday 3PM-7:15PM

**Where:** 19-25 Union St, Oldham OL1 1HA

Contact us on **0161 330 9223** or email us on **take5@togmind.org**

Keep up to date with everything we're doing via our social media



"Youth In Mind"



@youth\_in\_mind\_

Tameside, Oldham & Glossop Mind  
19-25 Union Street  
Oldham  
OL1 1HA

Tameside, Oldham and Glossop Mind. Registered Charity (No. 1123549)  
Registered Company Limited by Guarantee (No. 6348472)



# Take5 @ TOG Mind



Take5 continues to offer the following services—each require an initial assessment to determine appropriateness and need.

- **Assessment appointments**—every Thursday (booked appointments only)
- **Early Intervention Service**—Low level 1:1 guided self-help. One session a week for 5 weeks, 20-30 minute appointments.
- **Counselling**—1:1 talking therapy, consisting of 8-10 sessions lasting 50 minutes.
- **Anger/Anxiety Group Course**—Solution-focussed and peer support. Once a week for 4 weeks, 1hr group session. Split into junior/senior groups for age-appropriate material/peer support.
- **Digital Friendship Skills**—Information-based session aiming to improve the quality of online relationships, manage friendships and learn about digital wellbeing. Peer support and solution-focussed support. Once a week for 4 weeks, 1hr group session.

Take5 offers these online sessions for CYP without needing for an initial assessment:

- **Arts for wellbeing**—Weekly session aimed at promoting arts and creativity for wellbeing, relaxation and self-expression. Schedule updated via social media @youth\_in\_mind\_
- **Mindfulness**—Session designed to provide a space for building skills at self-regulation, grounding and mindfulness. Offered once a month.

To arrange a drop in appointment or register interest in attending an online session.

Email: [take5@togmind.org](mailto:take5@togmind.org)  
Phone: 0161 330 9223

For updates and daily wellbeing strategies:

Instagram @youth\_in\_mind\_  
Facebook: "Youth In Mind"



# WHAT'S ON AT MAHDLO

|            |                                                                                                                   |                                                                                                                                                      |
|------------|-------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Mon</b> | <b>4 - 6PM</b><br><b>6:30 - 10PM</b>                                                                              | Gym & Inclusive Messy Play*<br>Senior Zone                                                                                                           |
| <b>Tue</b> | <b>4 - 6PM</b><br><b>6:30 - 9PM</b>                                                                               | Gym, Arts Club & Inclusive Life Skills*<br>Junior Zone                                                                                               |
| <b>Wed</b> | <b>4 - 6PM</b><br><b>4:30 - 5PM</b><br><b>6:30 - 10PM</b>                                                         | Senior Basketball. Gym & Inclusive Arts & Crafts*<br>Introduction to Singing**<br>Senior Zone                                                        |
| <b>Thu</b> | <b>4 - 6PM</b><br><b>4 - 5PM</b><br><b>4:30 - 5PM</b><br><b>5:30 - 6PM</b><br><b>5 - 6PM</b><br><b>6:30 - 9PM</b> | Gym, Arts Club & Inclusion Multi-Sport<br>Senior Football<br>Introduction to Drumming**<br>Introduction to Piano**<br>Junior Football<br>Junior Zone |
| <b>Fri</b> | <b>4 - 6PM</b><br><b>4:30 - 5PM</b><br><b>5:30 - 6PM</b><br><b>6:30 - 10PM</b>                                    | Gym<br>Introduction to Songwriting & Singing**<br>Introduction to Singing (Seniors)**<br>Senior Zone                                                 |
| <b>Sat</b> | <b>10AM - 1PM</b><br><b>1:30 - 4:30PM</b><br><b>5:30 - 9PM</b>                                                    | Junior Zone<br>Girls Zone<br>Senior Zone (12 year olds can access)                                                                                   |
| <b>Sun</b> | <b>11AM - 1PM</b><br><b>1:30 - 3:30PM</b>                                                                         | Family Zone<br>Inclusive Family Zone<br>For families with additional needs or disabilities                                                           |

To sign up to  
Membership scan to the  
QR Code or head to our  
website  
[mahdlo.org/join](http://mahdlo.org/join)



Juniors - 8 years old to Year 8  
Seniors - Year 9 to 19 or up to 25 with additional needs or disability  
Girls Zone - 8 to 19 or up to 25 with additional needs or disability  
\*Term Time Only  
\*\* Pre Booking Only

**SPRING 25**



## Positive Affirmations

Over the years, we tend to get into unhelpful thinking habits, and think negatively about ourselves and situations. Using positive statements can help us develop a new attitude to ourselves and our situations.



Choose a statement from those below, or make one that means more to you, and repeat, repeat, repeat throughout the day, every day, of every week, of every month. You might want to make or print out a card with your affirmation, and carry it with you. For the positive affirmations to work, you must use it whenever you notice you have that negative thought – immediately turn it around by using your affirmation.

Use a statement that starts with "I" and use the present tense. See the examples below – choose one, adapt one, or make up your own. Make it something broadly realistic, even if you don't believe it right now.



- ❖ I am strong
- ❖ I have strength
- ❖ I am determined and successful
- ❖ I am a good and worthwhile person
- ❖ I am a unique and special person
- ❖ I have inner strength and resources
- ❖ I am confident and competent
- ❖ I hold my head up high
- ❖ I look good because I am good
- ❖ People like me – I am a likeable person and I like myself
- ❖ I care about others, I am needed and worthwhile
- ❖ I am a loving person
- ❖ I have a lot to be proud of
- ❖ I have all that I need
- ❖ I am in control of my life
- ❖ I can achieve anything I want to achieve
- ❖ I make wise decisions based on what I know
- ❖ I'm moving towards my goals
- ❖ I accept myself as a unique and worthwhile person
- ❖ My life has meaning and purpose
- ❖ I am in control of my choices



- ❖ I am strong and healthy
- ❖ I am calm and confident
- ❖ I have many options and can make wise decisions
- ❖ Everything is getting better every day
- ❖ I am calm and relaxed
- ❖ I am healthy and have all that I need
- ❖ Today is the first day of the rest of my life and I will take notice of the many positive things this day has to offer
- ❖ I live a healthy and positive lifestyle
- ❖ I know I can master anything if I practice it continually
- ❖ I have my wise mind – I can seek inner guidance whenever I need to
- ❖ My life purpose can be whatever I choose it to be
- ❖ All is well, right here, right now

# Available support in the Community...

For Children, young people and families over the Easter holidays.



Kooth.com (online support) [www.kooth.com](http://www.kooth.com)



Families in Mind - 0161 3309223 Oldham email: [familiesinmind@togmind.org](mailto:familiesinmind@togmind.org)



MIND - Early Intervention/workshops/Counselling  
0161 330 9223 Oldham/Tameside/Glossop MIND



M-thrive [Mthrive@mft.nhs.uk](mailto:Mthrive@mft.nhs.uk) - Emotional health/Wellbeing  
01612035333 - they do drop in sessions Monday - Wednesday 14.30 - 17.30 and Tuesday - Friday 12noon. Covers North Manchester



Samaritans. [www.samaritans.org](http://www.samaritans.org) This website is aimed at providing 1:1 support via phone, email or messaging - Phone 116 123



SHOUT is a FREE confidential 24/7 text messaging service for anyone who is struggling to cope. Speak to a trained volunteer about how you are feeling. Text 'SHOUT' to 85258 to start the conversation.



TAKE5@togmind.org – Arts and mindfulness online support. You will need to attend a Take 5 drop in session before you can access this art therapy.



42<sup>nd</sup> street - Offers individual therapeutic support - [www.42ndStreet.org.uk](http://www.42ndStreet.org.uk). Email: [TheTeam@42ndsStreet.org.uk](mailto:TheTeam@42ndsStreet.org.uk). 0161228 7321. 42<sup>nd</sup> street accept referrals for all children and young people who live, attend schools, or who are registered to a GP in Tameside, Trafford, Glossop, Salford and all of Manchester.

# Bereavement Services

For Children, young people and families over the Easter season.



## Child Bereavement UK

Callie Harrop 07827332824 [callie.harrop@childbereavementuk.org](mailto:callie.harrop@childbereavementuk.org)

Sarah Smith 07587076047 [sarah.smith@childbereavementuk.org](mailto:sarah.smith@childbereavementuk.org)



## Cruse Bereavement Care

Call [0808 808 1677](tel:08088081677) Monday and Friday, 9.30am to 5pm; Tuesday, Wednesday and Thursday 9.30am to 8pm; Saturday and Sunday 10am to 2pm



## Grief Encounter

Call [0808 802 0111](tel:08088020111) Monday to Friday, 9am to 9pm, or email [contact@griefencounter.org.uk](mailto:contact@griefencounter.org.uk)



## Hope Again

Call [0808 808 1677](tel:08088081677) Monday to Friday, 9.30am to 5pm, or email [hopeagain@cruse.org.uk](mailto:hopeagain@cruse.org.uk)



## Winston's Wish

Call [0808 802 0021](tel:08088020021) Monday to Friday, 8am to 8pm, or email [ask@winstonswish.org](mailto:ask@winstonswish.org)



## Co-op Academy Failsworth

Get in touch

[www.failsworth.coopacademies.co.uk](http://www.failsworth.coopacademies.co.uk)

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